



IIHMR University, Prabhu Dayal Marg, Near Sanganer Airport, Jaipur – 302029

Date: 16-12-2025

CIRCULAR

Health Talk Show on “Healthy Living and Heart Care”

This is to inform that **IIHMR University, Jaipur**, is organizing/participating in a **Health Talk Show** under the **Bhaskar Utsav celebrations**, focusing on “*Healthy Living and Heart Care.*”

The session aims to create awareness about **heart health, preventive care, and healthy lifestyle practices**, reinforcing the importance of public health education and community engagement.

Event Details:

- **Title:** Health Talk Show on “Healthy Living and Heart Care”
- **Date:** 19 December 2025
- **Venue:** Hotel Clarks Amer, Jaipur
- **Organized in collaboration with:** Bhaskar Utsav

The session will feature eminent expert **Padma Shri Dr. Naresh Trehan**, who will share insights on heart care and healthy living. The programme will also be attended by **Dr. P. R. Sodani, President, IIHMR University**, highlighting the institution’s commitment to public health awareness and outreach initiatives.

All faculty members, students, and stakeholders are encouraged to attend and gain valuable knowledge for promoting a healthier lifestyle.

A handwritten signature in blue ink, appearing to read 'P. R. Sodani', with a stylized flourish at the end.

President

Copy to:

- **All Faculty Members, Staff**
- **All Students**
- **Notice Board**
- **Website**